

PATIENT INTAKE

Consult Date:
D D M M Y Y

Location:

Mother's Name:

Baby's Name:

Is this your first baby?
☐ Yes ☐ No, names and ages:

Did you breastfeed them?
☐ No ☐ Yes

Did you have fertility issues?
☐ No ☐ Yes, please explain:

Did your breasts get bigger during pregnancy?
☐ No ☐ Yes

Do you have any other health concerns?
☐ No ☐ Yes, please explain:

How would you describe your current health?
☐ Great ☐ Good ☐ OK ☐ Bad

Current medications/supplements:

Have you ever had any breast surgeries?
☐ No ☐ Yes, please explain:

Are your breasts sore?
☐ No ☐ Yes ☐ Right
☐ Left
☐ Both

Is there damage?
☐ stabbing/shooting pains ☐ heat radiating
☐ lumps ☐ tender or red areas
☐ Fever and/or flu like symptoms

Are your nipples sore?
☐ No ☐ Yes ☐ Right
☐ Left
☐ Both

Is there damage?
☐ scabbing ☐ Bleeding
☐ Burning ☐ Pus
☐ Blanching ☐ Bruised
☐ Itchy ☐ Compressed
☐ line across ☐ stabbing/shooting pain

Do you have any leaking?
☐ No ☐ Yes ☐ Morning
☐ During feeds
☐ All the time

Type of delivery:
☐ Vaginal ☐ C-Section ☐ VBAC

Notes:

Did you have any interventions?
☐ Induced
☐ Pitocin
☐ Vaginal tearing
☐ Vacuum extraction
☐ Epidural
☐ Episiotomy
☐ Forceps

How long was your labor?
Hours:

How long did you push?
Time:

How is your postpartum bleeding?
☐ Still heavy (over one pad every 2 hours)
☐ Getting lighter
☐ Hardly there
☐ Done
☐ How many das ago did it stop?
☐ Have you started your period again? Y N

Was your baby vaccinated?
☐ No ☐ Yes

Are you ingesting any of your placenta?
☐ Yes, currently ☐ Yes, past
☐ No

Any postpartum health concerns?
☐ No ☐ Yes, please explain:

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Baby's Name:

Gender:

Birth date:

Guess date:

Present age:

Gestation at birth:

Birth weight:

Lowest weight:

Most recent weight:

Date/Who/Where:

How many times does your baby breastfeed in 24 hrs?

How long does your baby nurse for?

Minutes: One side Both sides

Number of wet diapers in 24 hours:

Number of dirty diapers in 24 hours:

Yellow Green
 Brown Black
 Seedy Mucusy

*Were there any health concerns for your baby...
after birth*

No Yes, please explain:

in the past

No Yes, please explain:

currently

No Yes, please explain:

Are you exclusively breastfeeding?

No Yes

Are you using expressed breastmilk?

No Yes, _____ ounces per day

Are you using any formula?

No Yes, _____ ounces per day

How are you supplementing?

Bottle Finger Feeding
 At Breast

Are you hand expressing?

No Yes, _____ times per day

Are you pumping?

No Yes, _____ times per day

How long do you pump per session?

Minutes: One side Both sides

*How much breastmilk do you
get per session?*

Left side Right side

*How much breastmilk do you
collect in 24 hrs?*

Ounces

What kind of pump do you use?

Do you have any leaking?

No Yes Morning
 During feeds
 All the time